



TRANCE-SCRIPTS IV:

THE COLLECTED SOUL GROUP MESSAGES SESSIONS

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THE COLLECTED *SOUL GROUP MESSAGES* SESSIONS

By Michael G. Reccia

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Author's Note:

Welcome to a fourth collection of vital communications from Joseph's soul group.

In popular consciousness the term 'spirit guide' is often the subject of misconception. Some souls believe these higher vibrational friends interact with us as humble servants - helping us with every little detail of life... to find that elusive car parking space, for instance. Others regard them as solve-all, fix-all advisors, walking constantly alongside us to take the decisions we should be making out of our hands; at every twist and turn offering precise instruction that will allow us to glide through our days problem-free, our guides having spirited away any and all potential stressful situations by whispering into our ears exactly what needs to be done in every demanding circumstance.

The above 'understanding' of spiritual guidance falls, however, very wide of the mark. Why on earth would spirits who have graduated from the challenge, complexity and density of life on earth choose to come back here only to involve themselves in the trivia of someone wanting to park their car? Why would they connect with us in order to solve every problem we might face in life - what exactly would we learn and how could we grow in spiritual wisdom and capability if they did so?

My appreciation of what true 'spirit guidance' is has been forged over decades of working with Joseph and members of his soul group - their intent being not to smooth our path in the sense of taking away all our material, mental and physical challenges, but rather to provide spiritual teachings and reveal and explain 'bigger picture' concepts in a way that allows us to understand more about ourselves, about the nature and workings of the physical and spiritual universes, and about the loving God - the Divine force for good - that we are each a facet of.

In gaining a greater understanding of these things we gain a greater understanding of ourselves - of our true nature - and we also learn to approach and appreciate our lives in a completely different way, from the perspective of having had our spiritual eyes and hearts opened to higher consciousness and to the Light-energy that resides within each of us, which we can stream into this world to uplift all humanity.

This e-book is comprised of a number of eye-and-heart opening addresses from soul group members and as such presents, to my mind, essential reading for every spiritual seeker. It has been my privilege over the years to act as a conduit for this information while in a trance state, and I hope the speakers featured in this book will provide you with insights you will choose to refer to often as you walk life's path – providing, as they have, consciousness-expanding knowledge, comfort, peace, a sense of wonder and a very different view of this 'reality'.

Thank you for downloading this free e-book - and for adding to your reference collection of the words of wisdom and reassurance so lovingly and generously gifted to us by Joseph and his soul group family.

Michael G. Reccia

November 2024.

Number XI, Part 1. Soul Group communicator 'Luna' delivers a powerful, life-changing address on the Law of Attraction

Notes:

This soul group communication was originally filmed as a 'live' trance communication in 2022. In the transcript that follows, some minor adjustments have been made involving the transposition of the occasional word and the removal of small repetitions of phrases which are the norm in the spoken word but less appropriate in a written version.

Spirit Communicator: 'Luna'

Michael:

I should begin by explaining that there is a new personality – new to us – who wishes to speak this morning. It is a member of the soul group and I've been aware of his presence close to me for about three days. Now, the gentleman, I see him in silver. He is in a silver robe and on the top of that robe there is overlaid a darker pattern. I can't describe the pattern; it's too complex to my physical eyes to explain but it's an intricate pattern. The gentleman is olive-coloured – I don't know where he came from in his last life on Earth but he is showing me, as an introductory image to link me to him, the

moon. He says that in his last life he was fascinated by the moon – not by the fact that it existed or that it was another heavenly body, but by the fact that it had a push-and-pull effect on the Earth. He was always fascinated by things that moved other aspects of the world, that pulled on them, that moved them in different directions, and he established during his life ... (he is taking over)...

Luna:

During my life, I established an understanding of the way that the law of attraction works and was fascinated by the fact that, as the moon pulls on the Earth – the Earth pulls on the moon and there is a dance between them in either direction. (By the way, if you want a reference, you can call me 'Luna'. It wasn't my name but it is something that is attractive to me (if you forgive the pun) because I identify still with the moon in many ways.) I learned during my life that there was a law of attraction. What I mean by that is that **whatever we set up as a resonance within our auras, we attract more of the same.**

That's a very important thing to examine. If we want something in life and we desire it ...we pull it towards ourselves. But subconsciously we also pull towards ourselves vibrations both negative and positive dependent on our dominant perception of life. We also pull into life – in that we create tomorrow today – we pull into life again that which we believe to be true. It is a law – it is a creative, spiritual law.

And so, not only are we creating and consolidating at any time around ourselves that which we believe to be true, we are also via that two-way push-and-pull motion pouring into society at large, into humanity as a group, what we believe to be true. So, if you believe the world to be violent, unjust, chaotic ...then you, by what you pour into humanity's collective Field, strengthen that violence, that chaos, that unrest, that distress. Then, as part of the vicious circle, you pull out of the Field that which you believe to be true, which in the case of someone who invests in a view of the world as being violent and chaotic ...is more violence and chaos.

So, you feed yourself from the Field of humanity but you also feed the Field of humanity by your dominant beliefs and perceptions.

It is a strange thing to consider for many people because this law means that they are in charge of their lives. They are in charge of what manifests in their lives, but they are

also in charge to a degree as to what manifests in the greater Field. It has become, over the decades and centuries, easy for much of humanity to blame its troubles on others; to seek dependence on others; to push anything that is worrying them, anything that is negative around them onto others and say: 'I am suffering in this way but it is your fault!' ...I am suffering in this way but you can help me out of it. ...I am suffering in this way because there is a cruel universe around me that wishes me to suffer'.

No, that's not true!

That is not true. You are a spiritual being. You are a facet of Creation and, as a facet of Creation, you have within you, you manifest within you, you have access to within you, all the attributes of the Divine-energy that you originated from. You are a God in miniature. You are a Creator in miniature ...although your creative power is equal to the Divinity that created you because you are part of that Divinity ...therefore you are that Divinity ...therefore you have access to all the attributes and capabilities of Divinity.

So, you find yourself in a physical world and you feel that that physical world is against you or is not what you want it to be and that the things that happen to you are as a result of that physical world, as a result of perhaps bad fortune, as a result of the chaos of the world and that you are a 'storm-

tossed cork in an ocean of chaos' and there is little that you can do about it.

No, there is everything you can do about it.

There is everything you can do about it. First of all, you have to view your world in a different way. You have to say: 'Yes, I can see chaos. Yes, I can see violence. Yes, I can see injustice. But those things do not apply to me. My world is just. My world is peaceful. My world is harmonious. My world is respectful of others and myself. My world is decent. My world is moral. My world is ordered. My world has Divine-energy flowing through it.'

And, you'll think and feel initially that that's a very difficult thing to do but if you do it – if you adopt that mindset – you'll prove to yourself by increasing degree, from the point at which you have changed your approach to life, that you are attracting to yourself a different life. You are attracting to yourself the peaceful, harmonious, sustaining, spiritual, just world that you desire for yourself.

And, you will also notice that the revised personal world you have placed around yourself rubs off on others. It can't help but do so because you are a receiver of the strengthening, via the vibrations around you, of that which you believe to be true ...but you also then donate that which you believe to be true back into the Field of humanity.

And so, at first you will affect the people around you and you'll find that your family and friends have better fortunes when they are around you and feel better when they are around you. But make no mistake, you will also reach out into the heart of the Field of humanity and begin to change and begin to balance the Field of humanity through that which you believe to be true and that world that you perceive around you and invest in a hundred percent.

If and when enough spirits on Earth do this, the world will change and become what they desire from life. I am not talking about the petty things in life. I am not talking about attracting riches or attracting comfort. I am talking about attracting a spiritual connection in life. I am talking about attracting a reconnection for all souls to their spiritual origins. I am talking about a transformation of this world through viewing that transformation personally, through viewing that transformation communally and through pouring that transformed view of how life should be here into the Field of human consciousness.

Many of you of late over the past two or three years will have been saying to yourselves: 'If only I could do something but I feel so defeated; I feel so exhausted; I feel so diminished.' And, in feeling defeated, exhausted and diminished ...vibrations of defeat, of exhaustion and of being diminished are being fed to you by the Field

of human consciousness because they are being attracted to you via your dominant perception of life. This is not a criticism. I am simply explaining and seek to explain today the law of attraction and how attractive you are – how powerful you are as a spiritual being.

So, you have to rearrange your thoughts. It is your personal responsibility to rebuild your life in the image that you seek on behalf of yourself and on behalf of every other soul here. This is something that needs to be understood by every soul on Earth. And, you'll say: 'Well, it is not enough for me to contribute better vibrations to the Field.' Well, perhaps it isn't enough but it is a start and, unless you have a start, how can things begin to change?

So, if you are part of a spiritually-minded circle of people, please share this knowledge. Please, invite them to attract positivity, spirituality, better values into their lives and the lives of those that they love. And, many of them will say: 'Well, I am ill. There is nothing I can do about it.' ...Or: 'I am poor. There is nothing I can do about that.' ...Or: 'I have no energy left. There is nothing I can do about that.'

No! No! NO! Listen to me, please! Whatever you believe to be true, you will attract more of!

And, yes, I know it is difficult when you are feeling ill but by viewing yourself as

healthy, by viewing yourself as perfect ...you begin to change the balance and you begin to heal yourself. And isn't that what you want to do rather than viewing the illness and saying: 'This is getting worse and it is taking me down a path of pain and suffering and eventual exit from this world.' No! No – turn the tables on your illness! Turn the tables on your depression by seeing yourself as happy, by seeing every step ahead of you being put in place by the God within you – so you don't need to worry about anything. Everything will be solved for you without you having to think about it.

Change your attractive values!

If you worry about the world (and so many of you do at the moment and with good reason) **see the world as being the world that you would want to present to everyone** for them to accept or reject. See the world as being just, as being fair. See truth emerging from the 'boiling pot' of negative vibrations that you find yourself in at the present time. See spiritual clarity emerging for every soul on Earth. See spiritual values being examined and considered and adopted and taken up. See a spiritual connection springing up between you and all souls around the Earth so that you transmit more strongly and effectively the positive view that you are putting in place.

Surely, Luna, it is more complicated than that – changing the world which is in such a mess!

No! Again, it is in such a mess because you have not yet viewed it as not being in a mess!

Perhaps have a notebook with you and on a certain day note down how many times you view the world negatively ...note down how many times you view your life negatively ...note down how many times you view the future negatively ...and you will shock yourself! Then on another day, as you find yourself revisiting the same thought-patterns, replace them and note down how many times you successfully bring a positivity into your life in your view of the future and humanity and the world. It's not easy.

It's not an easy thing to do because you are so steeped, collectively and individually, in what you have been told to believe and invest in by society **but your attractive power is stronger than any negativity on Earth.** Your attractive power is stronger than any need to control you on Earth. Your attractive power is stronger than any will to coerce you, manipulate you, change your thoughts. Your attractive power sees through all that if you will apply it positively. Your attractive power brings to this world and to the individual the right kind of existence here.

So, if you doubt what I say and you need a visual to remind you, think of the moon. The moon is attracted to the Earth; the Earth is attracted to the moon. The moon doesn't fly off into space – neither does the Earth. The Earth is attracted to the sun. There is this law of attraction in place and look at the harmony in that law of attraction. The Earth doesn't fly off from the sun; the moon doesn't fly off from the Earth; and the Earth doesn't have to think about its orbit; the moon doesn't have to think about circling the Earth. These things are natural because they are spiritually in place. They will change eventually, but for the moment there is a purpose to them and they are spiritually in place.

So, please if you would, begin to look at your life differently. You needn't be ill. You needn't be poor. You needn't be down. You needn't feel oppressed. You needn't contribute to the chaos of the world. You can be a powerful nexus for positive spiritual energy. You can make a real difference in your own life, in the lives of your friends and family, in the lives of every soul across the world and in the future of the world itself.

You are of equal power to any other faction or professed 'power' in this world – actually, you are more powerful. **You are more powerful when you use the law of attraction because you are acknowledging the Divinity within you** ...and the Divinity within you knows nothing about head-mind

schemes, head-mind plans. The Divinity within you knows that it is Creation, that it is good, that it is harmonious, that it nurtures

the souls in its care and that it will continue to do so long after the chaos of this world has been set aside.

Number XI, Part 2. An Examination of 'Life' by Soul Group communicator 'Luna'

Notes:

This soul group communication was originally filmed as a 'live' trance communication in 2022 and was the second half of an address given by this new personality. In the transcript that follows, some minor adjustments have been made involving the transposition of the occasional word and the removal of small repetitions of phrases which are the norm in the spoken word but less appropriate in a written version.

Spirit Communicator: 'Luna'

Michael:

I am still with the speaker that talked about the Law of Attraction last time – a spirit, who calls himself 'Luna' and brings through an image of the moon to identify himself, is speaking to me so I have to dip into Luna's consciousness and he into mine again because he says...

Luna:

...In this second part of my address, I wish to talk about life. There's an *amazing* word... LIFE. I wish to talk about the fact that souls on Earth distinguish between 'life' and 'not life' [*laughing*] and what I mean by that is: if I take you through

your house in your mind now, what do you consider to be alive and what do you consider to be not alive? Now, you might say: 'Well, I have a dog; I have a cat; I have a bird in a cage – and those things are alive. And, if I think more closely about it, there may be spiders in the corners or a fly trapped in the window and those things are alive. And, of course, I am alive and when my partner comes home this evening, he or she will be alive and my children are alive and those are the things in my house and, of course, there are plants on the windowsill – those things are alive, too. That's the entire list in my home.'

No, it isn't!

It isn't – from the moment you come through the front door and close the front door, you are surrounded by life.

Here is a statement that Joseph has written about and which I wish to reiterate: **there is no lack of life because all manifestations of matter originate from Divine-source.** There is no lack of life. Everything around you that assails your physical senses is alive.

Am I seriously saying that your front door is alive?

Yes, I am.

Am I seriously saying that your kitchen is alive ...and your bath is alive ...and your bed is alive ...and your light fittings are alive?

Yes, I am because there is no lack of life – *there is nothing but life!*

Everything in your home is constructed from living molecules – a living energy. Were it not so, they could not exist and the living energy that forms them holds them in a pattern until they are disbanded and reformed as something else. Coursing through everything that you see on a physical level, there is Divine-energy *and that Divine-energy is life*. And, I am not just suggesting that there is a shell of each object within which there is a life form ...I am saying that the shell itself is also alive. *There is no lack of life* – that is the important first point I want to make in this part of the address. And when you go outside your house, the road is alive, the street lamps are alive. Of course, everyone else you meet is alive, but all the objects that you come across, all the appliances that you use are alive. Are they aware that they are alive? They are aware within the awareness of the Divine, to a lesser or greater degree depending on how they have been formed at this particular time – dependent on what their function is.

But here is the next vitally important part: if you acknowledge the life-force within them and if you acknowledge them

as *an equal* in that they are constructed from the same energetic material that you are, *you increase their sentience*. You increase their sentience by reinforcing it, by donating part of your creative energy to them *and they will respond to you*. So, everything in your house – and this will sound very strange – can be acknowledged and can be communicated with. [*Laughing*] Am I saying, 'Good morning, kettle,' and 'Hello bathtub,' and 'How are you, quilts?' Yes! ...Yes, in that you build into your psyche that approach to the things in your house, into your daily workings with the things around you.

Why should you do this?

Because then they become an extension of your perception of life; they become included within your perception of life and they reinforce your perspective on life. So, your house will not be somewhere just to eat and to sleep ...it will be somewhere that agrees with your philosophy of life ...it will be somewhere where you feel safe because you *are safe* ...it will be somewhere where you can contemplate greater spiritual concepts because those spiritual concepts that you wish to examine are around you and are energised and give you more ability to examine them via the objects that are around you. And, your house becomes a living thing to you mentally and at heart you realise that you are at the heart of a living

organism rather than just sitting in the midst of bricks and mortar for the sake of keeping a roof over your head.

If you live this way, if you bless and acknowledge and are grateful for the things in your care, then your house is a welcoming house. Perhaps you are in a house at present that you don't feel comfortable with. It's not, you think, the right place for you – the feel of it is wrong. If you communicate with it, then you extend your personality and dominant vibrations into it ...and it becomes a friendly house ...it becomes a loving house ...it becomes a protective house ...it becomes your 'castle' ...it becomes your 'fortress' ...it becomes a place wherein you can repair yourself, heal yourself, contemplate the greater mysteries and receive answers, meditate safely *and keep the outside world out!* But don't forget that the outside world and everything in it is also alive and so you will find that, having communicated with your house, you will see *other* objects in the same way. So you will, if you are perhaps nervous of travelling somewhere, in advance acknowledge that the vehicles that you will travel in are alive and thank them for keeping you safe ...thank them for getting you to your destination without any problems ...thank the journey for being a safe one ...thank the road that you are travelling on ...thank the city that you are visiting ...thank the building that you are going to stay in.

I am suggesting that you become used to communicating with all aspects of your life – both within you but also *seemingly* outside of yourself – and I am suggesting that **you can place yourself *in charge* of the response you receive from all situations.**

This links into what I said previously about the Law of Attraction. So, you attract to yourself that which you believe to be true and, if you believe that everything around you is benevolent and everything is working in harmony with you, then you are constantly attracting to yourself more harmony, more benevolence and a higher vibration of energy that will elevate your spiritual senses and allow you to be an 'elevator' in terms of what you give out to the other souls and all life around you.

Everything is alive.

Let's take that one step further: how do you view your thoughts? Do you view your thoughts as computer programs? Do you view your thoughts as unfeeling things that present to you certain equations that you then act upon?

They are much more than that – *your thoughts are also alive.*

Your thoughts are alive so whatever you think has a degree of sentience. If you acknowledge that your thoughts are alive, you will find yourself becoming more careful regarding the thoughts that you put out into

the atmosphere. Because, if a thought of anger, for example, is alive – and you realise that it will not ‘die’, as it were, the moment that you have thought it and moved on to the next thought – you will work harder to imbue those thoughts with a more peaceful vibration. Every time you find yourself becoming angry, you will think: ‘Hold on a minute! I am contributing that anger to the world; I am contributing that anger to mass consciousness. Therefore, I must work harder to tone down my anger and to eventually rid myself of anger and replace that anger with benevolent thoughts – thoughts of love and forgiving thoughts that I can then send on their way into the world to work within the Field of humanity to change the Field of humanity.’

Your thoughts, once you realise that they are alive, become *more* potent.

Imagine that you are a meditator and you are contributing Light with the object of creating world peace, with the object of transforming the world positively and restoring harmony and decency and spiritual values to your globe. Knowing that your thoughts are alive, you can imbue them with *more* Light. You can say to your concepts of the world that you are sending out: ‘This is what we need. I need you to work within the Field of human consciousness. I need you to share your vibration, your perception of harmony, of peace, of love, of kinship, of connection. I

need you to share those things, once I have sent you out into the world.’ So, you are actively sending out ‘helpers’. You are sending out thoughts that are potent and powerful at the moment you think them but, once you realise that they are alive and you imbue them with a particular charge, you are sending out thoughts that *continue to work*.

When you have turned aside from your meditation and come back to an earthly consciousness for a time and make yourself a cup of tea – whilst you are making yourself a cup of tea, your thoughts are out there working with the original intent that you had during your time of meditation on behalf of all humanity and transforming the Field. My goodness, you are powerful! **My goodness, you are powerful but that power lies in realising the nature of your thoughts and the nature of so-called ‘reality’.**

All reality is part of a living, breathing, alive matrix of energy that emanates from the Divine.

And you, as part of the Divine, have the right and ability to colour that matrix of energy *as you see fit* – to colour your own matrix of energy, the aura that is around you and within you and to colour the matrix of energy that surrounds that aura, being the world that you see around you. Thoughts are alive and thoughts are potent and, going back to my previous talk, thoughts are *attractive*.

So, if you send out those willing 'workers' that you have imbued with a high vibration, they will attract more 'workers' – more thoughts from other people – and you build within the Field this increasing power for change. Conversely, if you send out thoughts of anger or upset or unrest, those thoughts are 'workers' too – in that they attract similar vibrations and you add to the negative side of the equation here.

Knowing this – this having been explained to you – I sincerely and humbly request that you choose your thoughts very carefully in future, that when meditating you imbue those good thoughts (that great vision of a better future) with Love – that you acknowledge those thoughts as being alive and see them being sent out into the world to work, for as long as that energy is available to them, to change things here.

And, also begin to look around, please – again, I humbly request – and see the effects of you acknowledging the objects around you as being alive. See what happens when you talk to them. See how you feel in your house. See how responsive the objects around you become when you acknowledge them as being alive. Include them as being part of you because they *are* part of you. Do you not choose certain colours for your home, certain objects for your home because they express *you*? Well, they express you far more than you think they do. So, include those objects in your experience

and [*laughing*] if people catch you talking to objects, explain why you are talking to objects. And if they think that you are insane, all well and good because at least you will have given them something to consider and think about, as they begin their journey into realisation that everything is one Field ultimately, that everything is alive and that everything is malleable – including yourself.

So, I leave you with the image that I am so fond of – of the moon, and I thank you for the opportunity to have been able to speak. I am known to Joseph and I am one of the many souls who, at the time when it was decided that Joseph should be the spokesperson, was eager (and still am) to add weight to Joseph's viewpoints and Joseph's reveals. And so, if I am allowed to and if circumstances allow me to, I would love to speak to you again.

And I leave you with the silver vibration – a vibration of energy that cleanses and, following watching this segment, if you will sit just for five minutes (that's all I ask of you) I will be delighted to surround you with that silver vibration to lift from you some of the heavier vibrations that are around in society and across the world at the moment and you should feel better. It will be my pleasure to do this but, as with changing your view, it will take a little effort from you. It will take some of your time – it will take those five

minutes. So, hopefully, I will join you .
immediately after this.

May the Divine emanate ever more
strongly within you, around you and across
the world *because of you*.

Number XII, Part 1. The Persian Gentleman discusses 'Light & Shade'

Notes:

This soul group communication was originally filmed as a 'live' trance demonstration in 2022. In the transcript that follows, some minor adjustments have been made involving the transposition of the occasional word and removal of small repetitions of phrases which are the norm in the spoken word but less appropriate in a written version.

Spirit Communicator: 'The Persian Gentleman'

Michael:

Okay, so PG is coming closer to me and I know I always talk about what he is dressed in because he is such a colourful character (I hope he won't mind me saying he is a 'character') and over the last couple of days I have seen him in a lilac colour, which I haven't seen him in before, and it is a very spiritual, etheric colour.

And as he comes closer, he begins by saying that he wants to, *once and for all*, speak about Light and shade – not Light and darkness, but Light and shade; and the functionality of Light and shade. And he wants to begin with Light...

The Persian Gentleman:

Light is able to be shaped and moulded by spiritual thought, by creative heart-thought, and when you send Light out, it instantly begins to form into the intention that you encode that Light with. So, as a simple example, in my area of reality – in the vibration that I live within or I feel comfortable within at this moment – if I want to create something, I can say, for example, 'vase' ...and the minute I say 'vase', there is an image in my heart and in my head of how I want that vase to be – the colour, the shape, the size – and Light begins to be attracted to me. Light – as a command, as a volition – begins to spread outwards from my heart-centre and that Light attracts, from the ether around me, molecules of *similar* intent. So, my intent is to create a vase and the Light that comes out from my heart *instantly* (it's not that I have to think about it) begins to attract the building blocks of that vase from the molecules of spiritual Light around me.

And so, **the Light as an intent is pushed out from my heart and the Light around that intent coalesces into the intent**. So, the Light from my heart is surrounded by the Light around that intent to create a vase ...and becomes a vase. It coalesces – the molecules become more dense; they shape

themselves into exactly the vase that I have in mind and I see in front of me, as a very *real* object, the vase that I intend to create.

And so, I can look at it and I can say: 'Do I like that colour? Do I like that style? Do I like that shape?' And if I don't, I then form in my mind (and this is not a complex affair; it is something that takes place instantly or fairly instantly) I shape in my mind the alterations to that vase, which alters the Light-frequency from my heart and the intent from my heart, which then in turn alters the 'obeyance', if you like – the connection to the Light that has formed the vase around the intent from my heart. And the intent from my heart, which has been altered, spreads out into the molecules of the vase and changes the appearance of the vase.

Light always carries a code with it but, more than that, **Light becomes the intent of the sender of that Light**. So, my intent was to create a vase and the Light from my heart becomes that intent. There is no separation: there is no Light and an intent. The Light and the intent have woven into one so that the vase is an imperative that spreads out from my heart. That is how we create on a spiritual level ...by seeing what we want ...imagining what we want ...and sending that Light out from our hearts that then has a code with it of what we want to create ...that attracts Light of a similar vibration to

it ...and that Light of a similar vibration coalesces into form. [*Laughing*] Simple!

If I feel that there is no room in my house for my vase any longer, I deconstruct it. And, I deconstruct it by saying: 'I want the vase to disappear from my home ...but also to disappear from the continuum ...to disappear from my reality ...to disappear from this level of vibration that I am in so that it doesn't end up (as an analogy) on somebody else's doorstep.' *They* haven't created the vase; *I* have created the vase. ***I created it. Therefore, I need to uncreate it so that I am not polluting the matrix of energy that I and other spirits exist in*** ...so that, when they wish to create, they are not pulling in something that I have already created into their intent ...so that the Light-molecules that they coalesce into *their* intent – into *their* vase, for example – are not polluted or influenced by molecules that have already been coalesced into a vase and still exist within the continuum so that they influence other parts of the continuum.

We live in 'capsules of energy', if you like, on my level and on elevated levels of consciousness and creation. We do not intrude into other spirits' areas of creation ...unless we are invited to ...unless, as members of a soul group, we wish to create together and to coalesce our intents into something that is communal and something

that has permanence for as long as we wish it to have permanence.

Now, all this creation with Light is a positive thing; it is a Divine thing; it is an exploration of what can be and what we are able to achieve and what we wish to achieve. And what we wish to achieve is something that we also encode Light with. So, we might create a vase – and I keep going back to the image of the vase because it is the simplest way to explain these things – we might create a vase, but within that intent to create a vase, there is *also* an intent to examine *the possibilities and the potential* of that vase. So, the Light that is attracted to that intent to create a vase is also attracted and similar to the intent to examine the potential of that vase.

So, for example, we can individually or as a community create a vase and then hold that vase in front of us and look at that vase and *extrapolate* – consider what the future of that vase will be, might be, could be. Do we add a handle to it? Would it look better in the hallway than in the living room? Is there another purpose to it other than it being a vase to perhaps hold flowers, or something like that? All these things are simplistic as I am trying to explain them to you, but I am attempting to explain that we also imbue our creations with future potential, and then examine that future potential *before* we completely coalesce those objects into ‘solidity’ for the time in

which we wish them to be solid and of purpose.

If we decide that the potential of that vase is something that is not of use to us or of use to the vase, that is not something that enhances the experience of the individual and the soul group, then we can dismiss that vase in that we can *deconstruct* it. And, we deconstruct it by sending out an instruction, via the Light from our hearts, to say: ‘This is no longer needed, so we bless what we have created but we ask that it be reabsorbed into the matrix of energy around us ...without any pollution ...without any repercussions of us having created it ...without any encroachment on the existence and the potential of other spirits living within the vibrational band that we exist in’. And, therefore, it is disassembled; it is brought back to its elements of Light-particles, and those Light-particles are free to be used unpolluted by other spirits to put forth other objects and to examine the potentials of those objects or concepts.

I have to finally, in talking about Light, explain that the vase that I created and the potential that we examined in looking at that vase as members of a soul group – those things are alive because there is no lack of life on our level of creation, on our level of existence. In fact, **there is no lack of life on any level of existence, except** (and we will come to this shortly) **in the minds of those**

that do not acknowledge all of Creation as being sentient and alive.

So, our constructs, the objects that we create, are created with reverence; they are created carefully; they are blessed and they are acknowledged as being part of the ongoing gift of Divine Creation that flows through us and allows us to create. They are treated with respect; they are acknowledged as part of our existence and our environment; and they, when they are returned to the matrix of Light-particles around us, are *thanked* for having taken on a specific form for a specific time and are released to again become part of the overall sentience of Creation at the level that exists within the vibrational band that we live within at this particular time.

There are other vibrational bands. There are other creative uses for Light. But, for today, I just want to explain what happens on *our* level of Creation, in my particular 'homestead', in my particular 'town', if you will, although that is again an analogy. But then I want to bring that examination of Light – bearing in mind what I have just said – down to the level of the Earth and down to the way that you create every day of your lives. *You create with Light just as we create with Light.* You don't realise for the most part that you are doing it, but you *are* doing it.

So, whenever you have a thought that is positive, that is spiritual, that exists on behalf

of others, that wants to see harmony and decency and respect and love exist on your level – that thought protrudes from your heart-centre, first of all, as a wish and an intent ...and your Light becomes the intent and draws towards itself a coalescing of that intent from the Light-particles around you and around those who are connecting to you at any time in order to communally send Light out into the world.

I note that there is often a query regarding the sending out of Light, as to whether that Light has any use (not purpose, but use) ...as to whether it is *effective* on the Earth level sentience. Of course, it does because you operate in exactly the same way that we operate! Every time you imagine something, *whatever it is*, you begin to create that something in your world, in your experience. And so, if you imagine Light streaming out into the world, if you imagine that Light reaching souls and illuminating them ...then that is the intent that you are giving the Light you send out into the world. And that Light becomes that intent and, therefore, cannot help but reach every soul on Earth, every life on Earth, every situation on Earth because that is your intent. Once you have, in the stillness in meditation, dedicated the Light; once you have an intent in mind for that Light, that Light cannot help but act upon that intent ...cannot help but become that intent ...cannot help but reach those souls ...cannot help but touch those

hearts ...cannot help but raise the vibration of the Earth and every life living on it.

So, my explanation of how Light works, how it is a creative tool, was in order to lead you to this point and to say whenever you send out Light with an intent that the world becomes more spiritual, that the world reviews its negative situations and lets them go ...that Light has that power, is imbued with that intent, becomes that intent, and does its work.

So, you'll say: 'Well, PG, that's all very well but what about darkness? What about the dark thoughts of people? How do they function? And if the Light is so effective, why are so many souls still in darkness and making decisions that are based in darkness and based in control and coercion of others?' And, I feel that at this point we can say: 'Well, this is the end of the first half of this talk, and I will now move on to the second half.'

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Number XII, Part 2. The Persian Gentleman examines 'Shade and Shadow'

Notes:

This soul group communication was originally filmed as a 'live' trance demonstration in 2022 and is the second half of the Persian Gentleman's address on Light and Shade.

Spirit Communicator: 'The Persian Gentleman'

The Persian Gentleman:

Having spoken about Light, I wish to talk about shade and shadow.

Light particles act in a particular way. They are luminous; they are a temporary arrangement of intent and they are, when created by a *truly spiritual* being – in that that being wishes to acknowledge spirituality ...wishes to acknowledge angelic purpose and potential ...wishes to acknowledge the Divine-within and without – when those are the intentions of the spirit creating, then that Light has a positive, wonderful effect on creation. It *enhances* creation. It adds to creation.

However, there is a way of creating that considers not the whole, that considers not the spirituality of creation, but considers the self. And, in considering the self and saying: 'I want. I need. I will have. This is for me. I

shall have this at the expense of others', then that *is* a creative act ...but that creation emanates out from the heart, not as the luminous acts of creating in positive Light, *but as a slowing down of vibration*. When the self is considered rather than the whole, the Light that emanates from the heart becomes polluted because it cannot elevate the soul that is creating that intent. It cannot elevate that intent because that intent is to remain small, remain insular, remain with a possessive attitude, remain selfish rather than selfless. And so, yes, Light emanates from the heart (because that is the way each soul creates and each soul *is* at spiritual heart) but that Light becomes denser – not at first but eventually it becomes denser; it has to respond to the wishes of the person sending out the intent. So, if the intent is to look after the self, then the molecules of Light that coalesce around that intent – try as they might to remain luminous and remain divine in intent – are pulled down in vibration. Their vibration is slowed and, as their vibration is slowed, they become denser.

And, if you were to look at such an intent being formed by a person on Earth – instead of seeing an inflowing, towards the heart, of Light from around that person –

you would see at a distance around that person an inflowing of Light, but as that Light reaches the heart, touches the aura of the person, it becomes grey. It becomes grey; its use is distorted; its purpose is distorted. And yet, because of divine intent that we should have free will, the Light has to comply to the intent that is streaming out from that spirit's heart. And so, it tries its best, whilst remaining divine and remaining uplifting, to also comply with the wishes of the soul that is thinking of self, that is thinking of control, that is thinking of making the Earth and its peoples less than they are, spiritually-speaking.

Now, because there are so many spirits thinking in this way at this time, you have an outpouring, into the spiritual atmosphere of the Earth, of an increasing greyness. That greyness, because it is of a similar vibration to the greyness that is being poured out by the spirits who wish to take control, is attracted to those spirits. And, instead of Light molecules attempting to uplift the intent of the spirits who are pouring out this selfish and completely self-aware attitude, *you have greyness feeding greyness* so, **the greyness becomes a darker grey ...and the darker grey becomes a black.** And you have an intent that is fuelled by the similar intent of the souls across the world, who do not acknowledge spirituality or their creative source and heart, and that intent becomes a thick crust around them. The lighter molecules cannot get to them ...only

the particles that have already become polluted. And so those souls, through their wish for self-gratification, through their wish to push out any acknowledgement of spirituality, any acknowledgement of divine source, become souls that step from the Light into the shadows.

And, as I said in the first part of this address, the Light is sentient. So, you have divine Light that is sentient in a positive way and then you have divine Light that has been disabled, that has been harmed by the wishes of souls who wish to push out the divine Light, but is still active in that it is trying to supply and strengthen the intent of the souls who wish negativity on the rest of the world and positivity for themselves.

Having said that, **the positive Light, the divine Light, is always the strongest source ...*always the strongest source...* and the divine Light can be focused as a beam.** In your meditations, you can see the heart of the souls who have stepped into the shadows and seek to remind them that *at heart* they are beings of Light and not beings of consolidated 'darker Light' – if that makes sense. So, you can project from your heart, which then becomes an intent, a beam of Light that reaches into the heart-centres of those souls who are choosing at the moment to walk in the shadows. And you can ask, and it is down to their volition, but you can ask that they be given enough positive Light, enough rich illuminance that they will see

that they have stepped into the shadows, and their intent will change. The moment – it is not a gradual affair – *the moment* they realise that they are in the shadows, that their thinking is destructive rather than constructive, the Light around them changes; those grey molecules become infused with Light. And that Light illuminates their aura, illuminates their being and allows them to see once again their spiritual heritage; and to see the damage they are doing; and to begin to create positively; and to make amends by putting Light (as in White Light) into the atmosphere of the Earth to chase away the temporary shadow that has been created by so many souls refusing to acknowledge the nobler, higher intent of their existence here ...refusing to acknowledge their connection to all life ...refusing to acknowledge that all life is sacred, that no life should be harmed and that they here to examine positive potential for the good of themselves, for the good of humanity and for the enhancement of humanity and for the enhancement of souls beyond this particular area of experience.

The Light that you send out is more powerful than the shadow that souls have chosen to step into.

Why? Because, on a level of spiritual physics – if you think about it – you have Light that behaves as it is supposed to behave, that is charged with energy, that is charged with noble, loving intent ...and then

you have particles of Light that have become, the best word I can use is, crippled in their function by the infusion of the shadow intent that has been sent out by those souls who have lost their way, have stepped off the path, have stepped into the shadows. So, if you weigh the two up – I have in one hand this brilliance of divine Light and I have in the other this diminished, contracted, coalesced (in a negative way) crippled Light that cannot function as it is supposed to function. What it needs is an infusion of the positive Light, and the positive Light is so much more powerful.

But that positive Light can only be effective once it has reconnected those souls walking in the shadows with their spiritual heritage and has illuminated once again the path that they have stepped off temporarily into the shadows. Once that stream of Light touches those hearts and those hearts illuminate once again, the negative constructs that they have made, the negative intent that they have poured out into the atmosphere of the Earth and towards others, becomes infused with positive Light again *instantly [snaps fingers]* and everything changes.

You are at a point *now*, RIGHT NOW, where the positive Light, the divine, creative Light that is within you has never been more urgently needed ...never been more urgently needed!

That Light is your way out of current difficulties and I stress too: THERE IS NO OTHER WAY OUT...because the Light is your creative tool, as the spirit that you actually are, and the Light is in harmony with the divine essence that created you, that pushed you forwards into layers of experience to enhance itself, to enhance you and to enhance every other facet of Divinity.

There is no other way of putting things right here, I tell you. I cannot stress that too highly. You have to infuse the world; you have to infuse each other; you have to infuse this level of consciousness with divine Light *once again*. Once again! I say 'once again', because it was an area of divine intention and potential before so many souls decided to step into the shadows and to misuse their creative gift of Light. By stepping into the shadows, you took yourself into this set of circumstances. You have to encourage souls to step out of the shadows and to re-invigorate this area with Light.

If you do *not* do this – singly and en masse – you'll find that the Earth, figuratively speaking, is back to the 'distorted vase' [reference to PG's *illustration of creation in part one*] and that is all you'll be left with – because you cannot continuously create with Light that has been distorted and robbed of its energy by the wrong intent. You have to draw on the

creative power of the levels of creation around you in order to re-infuse this Earth with the ability to create positively. Harmony can never be created from the distorted molecules of Light that exist within a shadow world of semi-spiritual consciousness.

So, I conclude this address with a warning, because *it is a warning*. Yes, you must address what is wrong on a physical level *physically* and I am not talking about violence – I am talking about speaking up. It is very important that you speak up at this time but it is also important that you speak up **having infused yourself with Light**. But the physical level is not where all this started. And if you want to know where all this started, you will find on this channel the complete explanation from our soul group of what happened so long ago in the Fall. It is there to listen to. [Reference to Michael's reading of the book on the Fall which can be found on [The Joseph Communications YouTube page](#)] Listen to it! Please, listen to it.

You have to tackle this current situation on the level at which it began and is being continued. Remember that you are spiritual beings. You are in the illusion of flesh but that's all it is – an illusion. In the same way that I described the vase and how it is temporary – your body, your physicality is temporary, but you are not. You work, whether you are aware of it or not, as a

spiritual being at all times. You create as a spiritual being, whether you acknowledge it or not.

So, in order to put things right here, you have to get back to your spiritual roots and you have to be selfless enough at this time to join the army of Lightworkers every single day and to stream Light into the shadows.

I do not wish to have to step back from the Earth vibration and to say to my friends, my brothers and sisters, and to say to my God: 'I am sorry, but they have come to a point where there is such apathy, there is such a reluctance to work with the Light that all that is left is a number of souls sitting around the analogy of a dysfunctional vase and believing that that is all there is.'

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