



TRANCE-SCRIPTIONS V:

THE COLLECTED SOUL GROUP MESSAGES SESSIONS

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THE COLLECTED *SOUL GROUP MESSAGES* SESSIONS

By Michael G. Reccia

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Welcome to a fifth collection of vital communications from Joseph's soul group.

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Number XIII, Part 1. Thought-provoking Insights on the Heart-mind from 'The Big Indian'

Notes:

This soul group communication was originally filmed as a 'live' trance demonstration in 2022. In the transcript that follows, some minor adjustments have been made involving the transposition of the occasional word and removal of small repetitions of phrases which are the norm in the spoken word but less appropriate in a written version.

Soul Group Messages – XIII (part 1).

Spirit Communicator: 'The Big Indian'.

Michael:

We have an old friend here today who has been with me for a couple of days and it is the guiding influence we call 'The Big Indian'. Those of you who are familiar with *the Joseph Communications* books will also be familiar with this personality – a wonderful man who was a Native American in his last incarnation on Earth; and who was in charge of a thought-construct that we call 'the Boat' that he would take people across in from this side of life to higher realities. So, I'll hand over to 'The Big Indian' which is *our* name for him; it is not his name for himself,

of course, just an identification tag that we have put on him.

The Big Indian:

Today, I want to talk about the heart – the human heart and the spiritual heart – and the *urgent need* to operate from and have a perspective from the spiritual heart at this time on Earth.

Now, I'd like you to imagine that instead of the human form - you are a ball of energy. Just imagine that for a moment! You are a ball of energy and the outermost skin of the ball is your expression and your interaction with the Earth and with each other. At the centre of this ball of energy is the *true you* ...the connection to the Divine ...the energy that you project outwards onto the outer skin. Now, I want you to pull back into what you are at the moment - into the shape of a human being. Where is your seat of consciousness? Most of you will say: 'Here [*pointing to the head*] - my seat of consciousness is here in the head, in the mind'. I want to suggest to you that your *true* seat of consciousness is the centre of that sphere I have just taken you into and not this at all [*pointing to the head again*].

As a spirit, as you evolve through the spiritual spheres and out into Infinity, you can express yourself visually (it is far more, sensually speaking, than just visually but for all intents and purposes today - *visually*) as a sphere of energy, if you so wish. And across the surface of that sphere displays what you wish to display to others and interacts with others in the way that you wish to interact with others. But, the true home of your consciousness as that sphere of energy is the *centre* of that sphere and is the link with the Divine ...the expression of the Divine that you really are ...the core Light that energises and gives form to that sphere.

On Earth, because of millennia of approaching life negatively and approaching life with a view only to surviving on a physical level, your seat of consciousness appears to be the fight-or-flight mechanism that is the human mind, so you express yourself as coming from here [*pointing to the head*]. But what the human mind expresses and what the human mind contains, is only a surface reaction with what you truly are. It is an interaction with the physicality of the Earth via the outermost 'skin' of your being. And, as a reaction only from the outermost skin, your reaction to everything via the human mind is *surface* - is a reaction to what is happening around the surface of that sphere that you actually are as a spiritual being. You are literally *only scratching the surface*, and your actions and reactions are based on that surface reaching

out from the skin of the sphere of energy that you really are, rather than the knowledge that you have at the centre of that sphere of energy ...the knowledge that comes from the *true you* ...the knowledge that comes from the Divinity that you really are.

As time has gone on, you have entrenched yourself increasingly, and increasingly *and increasingly* in this view of yourself as coming from the head-mind, as being the head-mind, as being seated in the brain, in the head - that's where you come from, you think. And because of that belief that has been reinforced, and reinforced *and reinforced*, your interactions with the world and your interactions with each other and your interactions with the situations that you find yourself immersed in, as a result of your immersion in the Field of human consciousness, *are surface only*. They are not based in spiritual knowledge; they are not activated via spiritual energy ...and, as a result of this, **you are living only a fraction of the experience that you should be having on Earth.**

Not only that, but your experience is self-centred ...*literally* centred on self and preserving the self. It is self-serving in that everything, you think, exists to serve you. It is self-motivated in that you are interacting with others, with society and with your world from a position of keeping the little self (which you think is everything) safe,

protected, comfortable, secure, free from harm.

You are a greater being than your perceptions let you know. You are a magnificent, spiritual expression of Divinity. You are a highly creative being. You are a being that shapes your world constantly ...minute to minute ...second to second. You are an immortal being. And greater than these things is the core value of the energy that is at your centre *...and that core value is Love*. It is Love because the Divine-energy that you express *is* Love. And, because you operate from the surface only, you fail to infuse your actions, your experience, your interactions with others, your journey through life with the energy that makes all the difference.

Now, I am telling you this today because you find yourselves in a very difficult position. As a result of the self-serving I spoke of earlier - many, many souls on Earth have *completely* lost connection with that spiritual energy-centre, that God-centre. Worse than this, many souls are seeking to purposely deny any evidence of a greater energy, of a greater being, of a nobler cause, of a more-giving you, of a greater spiritually-experiencing you. And, if you were to view the peoples of the Earth as the spiritual energy-spheres that they can seek to express themselves as at some stage of their evolution, if you saw all those spheres, you would see that the Light within them, the

Light at core, the Divinity at core, is expressed through those spheres 'through a glass darkly'.

The spheres are dark because the energy from the centre is not reaching the skin of each sphere of each soul. That energy from the centre is required to illuminate the *whole* of each sphere of consciousness (each soul) on Earth. If it does not, then the 'extremity', as it were, (the skin of each sphere that is the containment energy-field of each soul) cannot sustain itself. You cannot continue to be on Earth as a physical being without connection to your Divine-core. The Divine-core feeds the outer skin of the sphere; the Divine-core gives movement and being to the lesser consciousness that is the life on Earth you are experiencing.

If you continue to deny the heart of what you are - the core of what you are - then what you are on Earth (not what you are as an eternal, immortal being but what you are on Earth) **will cease to be. I want to make that very plain.** If you do not feed a plant, if you do not water a plant and do not put nutrients into the soil, the plant dies. If you do not feed another human being with physical food, eventually the human being dies. You are not feeding the *spiritual* framework that sustains your physical framework.

And I tell you, you are at a most precarious point in your - I will not say

'evolution' because it is not evolution – **you are at the most precarious point in your journey through this physical sphere.** It is supposed (because many, many souls, are operating from the extremity rather than the core) that all will be well if you follow a material path. It is supposed, with arrogance, that you will go on forever. It is supposed that you can solve all your problems by addressing each problem from a hard viewpoint of materiality – you cannot! It is supposed the human race will go on – it cannot *unless* it is infused with core-energy. **It is the core-energy that sustains each of you.**

So, let me now return to my initial observation about the consciousness supposedly coming from the head. You are this condensed sphere of energy into the human form for the time that you are on Earth. **Your seat of consciousness does not come from the head; it comes from the heart** – closer to the centre of the sphere of energy that you really are. And even that is a misnomer because you push against that energy [*laughing*] ...it's hard to understand but you are 'no-thing' that expresses itself as 'some-thing' by pushing against the sphere of Divine-energy that surrounds it. You are Divine-essence and Divine-essence is 'no-thing' until it is used to create 'some-thing' against which it can express Itself.

It is time to operate from the heart-mind.

And you'll say: 'What is a heart-mind? How can you have a mind in your heart?' The whole of the sphere of energy [*smiling*] that you express yourself as, as an advanced spirit, is conscious. But the director of that consciousness is the Divinity-within, is the core Light-within and that is your true seat of consciousness. The human heart is a material expression of how you operate spiritually. The human heart – does it not pump and circulate blood around the human body? The Divine-heart (your core heart) circulates energy around the sphere that surrounds you ...circulates energy to every part of the energy-sphere that you inhabit ...maintains, sustains, uplifts, perpetuates the energy-sphere that you are within.

If you wish (and the choice is always yours) **to move out of current challenges, of current difficulties, then you must go to the heart** - not to the head but to the heart – because the heart is the revealer of truths. The heart connects you to your greater consciousness, your greater perception, your greater viewpoint. The heart connects you to all the experiences you have had since you became individualised from THE ALL in order to experience (not true individualisation because you can never be separated from That-Which-You-Are). The heart gives you access to the right solutions to any and all problems ...solutions that do no harm to anyone else ...solutions that uplift everyone else ...solutions that are in harmony in an accord with the rest of this

physical universe and with the spiritual universe that lies within and around it.

You will never solve your problems by going to the head! I repeat that – I do not care who you are, what your supposed 'sphere of influence' is (and I use that phrase purposefully), what power you suppose you have, what lack of power you suppose you have, what your material ambitions are, what your material plans are - whether your plans are to help others or to hinder others – if all those perceptions come from the head, you are ultimately going nowhere. I must repeat that: **if your perceptions and your aims come just from the head, you are going nowhere** and collectively society is going nowhere, civilisation is going nowhere, your journey through the Earth plane is going nowhere. You have to begin to operate from the heart.

And, again, at this point you'll say: 'How do I do that? How do I operate from the heart? My consciousness is between my eyes, my consciousness is in my forehead, my consciousness is here in my head. This is where I am. This is what I am.'

No, it isn't.

No, it isn't. This is an interactive device [*pointing to the head*]. This feeds back to you a need to survive and make decisions based on survival, based on fear, based on earthly security. We have explained in detail how to access the heart-mind in the

addresses that Joseph gave in his *Communications*. But, if you are not familiar with those – **and I highly advise you to become familiar with them; they were given to the Earth for a purpose** – then you have to begin by taking some time out, some quiet time in each of your days, where you deliberately shut off the cacophony of the world and you visit your true self by imagining that you are moving your consciousness down from your head into your heart.

Imagine it as a ball of Light because there *is* a ball of Light at your centre that gives you being, that allows you to use its energies to express yourself and to evolve. Imagine that ball of Light (which in reality is seated in your heart) seated in your head where it is a dim ball of Light. Imagine in your quiet contemplations that you are seeing that dim ball of Light in the head move down ...down ...slowly down and reseal itself in your centre, in your heart, where it is infused with brilliant White Light with energy and power that you can *feel* ...energy and power that heals you, restores you, revitalises you. Remain in that state for as long as you are able to before moving the ball of Light, as a now energised, scintillating, brilliant sphere of Light, back up from your heart-centre into your *mind* (because in the early stages you will not be able to operate for long from the *heart* because you are not used to doing so).

With a repetition of this action on a daily basis and it is *vital* that you do this at this time; there is no use saying: 'I need to check my phone' ...'I need to watch my television' ...'I need to consult my computer' ...'I need to talk to someone' ...'I need to look at images'.

No! You need *this*! So many of you are looking for a way out of current challenges. Listen to me - you need *this*!

With repeated access to your heart-centre, your heart-mind, your true seat of consciousness - you pull into your daily being, wisdom and knowledge from the heart; and you look at situations in truth; you look at situations holistically, not from the narrow perspective of society; and **you begin to uncover truth, the 'scales fall from your eyes' and you begin to live in a different way.**

And you become used to, in every situation in your life that requires an answer, finding that answer by travelling down in consciousness from the head-mind to the heart-mind and then back again. You will be

able to sustain that link for a greater length of time each time you do it until eventually it will be second nature to view your life from the heart, rather than from the head ...and you will distinguish between the two. You will prove for *yourself* (not because I have told you something) that there is a different perspective. You will know that you are operating from your heart-mind and you will view your head-mind (which you have probably lived in until this point a hundred percent every day) as an accessory that allows you to operate on a material level only and, in time, you will infuse your head-mind constantly with the wisdom and perspective of your heart-mind ...and it will change you. Not only that, but it will change those that you link to because they will react on a spiritual level to the changes you have made in your personal vibration.

Believe me, your world will only get darker until such time as you revisit, investigate and invest in the perspective of the heart-mind.

Number XIII, Part 2. 'Heart-Mind Living' – Concluding the Big Indian's Moving, Enlightening, Heart-Warming Address

Notes:

This soul group communication was originally filmed as a 'live' trance demonstration in 2022. In the transcript that follows, some minor adjustments have been made involving the transposition of the occasional word and removal of repetitions of phrases which are the norm in the spoken word but less appropriate in a written version.

Soul Group Messages – XIII (part 2).

Spirit Communicator: 'The Big Indian'.

The Big Indian:

The infusion of energy *daily* from the heart-mind initially spreads out a little way into the physical. So, along with the changing perspective you will gain by accessing the heart-mind, initially you'll find that some of the ailments you have been suffering from – be they physical, be they mental – will begin to change for the better because of that infusion of Light. That Light is a healing power; that Light is a restorative power.

So initially, if you are used to preserving self; if you are used to operating from the head-mind from a position of: 'I need to be safe!' 'I need to be protected!' 'It's all about keeping me in a good place!' ...you'll find that, if you visit the heart-mind, then you will be in a better place because many of the things that you see as a threat physically and mentally will begin to ebb, will begin to change, will begin to be replaced by health, by energy, by vitality.

As you repeatedly visit the heart-mind, you will infuse more of the sphere of energy that is the expression of you on a spiritual level at a certain point, you will infuse more of that sphere so that your approach to life changes. You will find that preservation of self is not as important as honouring *true self* and true self cares for all things because true self is linked to and is a part of all things. So, the second stage of connecting to the heart-mind regularly is that your view of self will change. As your view of self changes, many of the things that you were fearful about will fall away; and you'll find a strength in expressing and living spiritual values.

And as you continue to visit the heart-centre daily, you will expand that energy from the core right to the outermost edge of your sphere of expression as a spiritual being. So, the 'skin of the sphere', as it were, will not be darkened and influenced by what is *outside* of you - by the society and the conditions outside of you - but the reverse will happen. Your extremity of being will influence, will brighten, will lighten, will bring Light into the experience of all those other spheres of Light (darkened Light at this time) that are expressions of all the other souls that live on this planet.

So, you will have gone from a viewpoint of protection ...to an enhanced viewpoint where you are healing yourself ...to an enhanced viewpoint where your thoughts are completely different - free, uplifting and liberating ...to a viewpoint where you are infusing every aspect of your being with Light from your core and transmitting that Light out into the lives of others so that they can *investigate*. They will have enough energy from within to begin that journey you have taken and they will become enlightened too.

This period on Earth is an opportunity. It may not look like an opportunity - in fact, it is of concern to us because it can be an 'opportunity' that can go both ways.

Let me put it in frank terms and I am being totally honest here: it is either an

opportunity, by the way that you act and react at the moment, to end civilisation ...or it is an opportunity to be reborn into spiritual consciousness ...to rediscover the bliss of being here operating from a spiritual level ...to rediscover the bliss of interaction with others that is not based on power-seeking and on controlling, coercing and manipulating others; but is based on love of your experience, sharing that experience with others and love of their experience because it enriches yours.

Your connection with the planet will re-establish itself in a spiritual way so that you, not only appreciate the natural world around you - *you experience it*. You reach out with your vibration and you interact with it and experience it; and it, again, enhances your voyage through life in an earthly body. You experience ultimate harmony. And at that point, if enough of you do that, then your original purpose for being here - for travelling through this sphere of slightly heavier vibration - will re-establish itself. You came here originally to learn and to take back your experience to billions, trillions of souls. That is why you came here *to become more* - to become more individually and to help others become more collectively.

Now, doesn't the pettiness of your current obsessions seem such a trivial and small thing compared to the landscape I hope (and I can only do this in words) I have opened up to you ...**the limitless possibilities**

that you can experience here and now *if* you will only make the change?

During my last life on Earth, I was tortured; I was imprisoned; I witnessed the death of family members at the hands of others. But, as a result of many incarnations prior to that one, my heart never lost its connection with my core-energy and so I prayed for my captors. I prayed for those who had killed my family members. I was able to link with family members that had passed to a higher vibration to commune with them. And I was able to do during my life what I am suggesting that each of you do now under far easier circumstances – which was to express my core as Light along the ‘skin of the sphere of my influence’ to touch the lives of others ...those who tortured me ...those who imprisoned me ...those who hated me simply because I was an obstacle in their way and they wanted land, power and money. And, not that I was seeking any reward, but there came a moment (and I have been on this side for some time now) when certain of those souls passed over, that they came to me and they said: ‘I am sorry. I got it so wrong and I now seek the path of the heart to re-establish my spiritual core as who I am.’ And they would be in tears and would be shaking; and I would put my arms around them and would give them more Light and more love.

That is what is needed now ...more Light ...more love ...more heart.

Those of you who are familiar with *the Communications* books will know that until recently I was ‘second-in-command’ (there was a far higher spirit than me who was directing operations totally) of a construct that was called ‘the Boat’, which still exists but I am not on it. It is a thought-construct that appears as a large ocean liner and ferries people across, once they have died to the Earth plane, to a higher vibrational start to their ‘new life’, as it were. And I still visit *the Boat*. It is still very much something that has been a part of me, although I vowed a few years ago, in your terms, to be more involved with *the Joseph Communications* and to be more involved with the coming ‘storm’ which I knew about but didn’t commune to the Band of Light fully because we wanted to get through the information that we did get through before things became *darker*. But I still visit *the Boat*.

Imagine *the Boat* at the moment that is filled with people who should have been healthier than they were when they passed ...with people from all countries that minutes earlier were fighting each other and find themselves still wounded because the wounds haven’t healed yet (they heal as we move into a higher vibration). Imagine what it is like for them to find themselves sat side by side, knowing that they have passed, knowing (because their spiritual faculties are beginning to come back to them) that the conflict was futile ...that the motives were

material and selfish ...that they have been used and that they are sat, brother to brother, sister to sister, and once again recognising that fact. If only they could have recognised that on Earth!

If only they had had the strength to recognise that on Earth and to join together to banish the darkness, to chase away the darkness, to say: 'No! *This* is who we are. We are the Divine. *This* is what we do. We love each other. *This* is how we react to the Earth. It is a place that it is our privilege to be in, to journey through and we love it and we love all forms of life. We love, honour and venerate all expressions of life.'

There is an expression (and I am dipping into Michael's love of film here) when there is a scene in a film where something overwhelming is in front of the protagonists, and they look at each other and say: 'We are going to need a bigger X' (whatever that X is - a gun or whatever it is). I look at *the Boat* and I turn to my colleagues and I say: 'We are going to need a bigger Boat!' And that is not a humorous thing to say; that is a sad thing to have to say - to ferry across so many scarred and broken spirits that could have had a very different life.

I hope that you will *investigate* what I have suggested today. The true power in your life belongs to you, not to anyone else. **The true power in your life belongs to your heart not to your head.** The true power in

your life is Divine - never let anyone take you away in concept, in belief, from the Divine. The Divine is part of you. The Divine exists. Do not blot out the Divine ...or the sphere of energy that you are expressing will become even darker. It is a vital link. It is 'life's blood' to your experience. Embrace it! Rejoice in it! Investigate it! **Become an expert at dealing from the heart-mind.** It will change your life. It will change your perspective. It will change the lives of those that you link to and, ultimately, it will change lives across the world for the better.

I end by giving you a weigh scale. Now, this is the weigh scale at the moment [*holding right hand down, left hand up*]. This [*right hand*] is the weight of head-mind thinking and it is almost at the bottom. On the other side of the scale [*left hand*] there is a single Light and that single Light, which seems so small and yet so brilliant, is the same Light that is within each of you. If you increase that Light by your connection to it ...by your living from it ...the impressions it gives to you ...what it suggests to you and how you live your life - if you increase it ever so slightly, this half of the scale that seems so heavy at the moment begins to shift ever so slightly [*slowly moving right hand up*]. If you increase it by visiting it daily, by suggesting to others that they do so, by guiding yourself and others from the heart - then not only does this side [*left hand moving down*] become the heavier side but

the darkness that was on this side [*right hand*] is completely gone.

You are seeking solutions to your current problems.

I have given you the solution. It is the *only* solution.

What have you got to lose?

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Number XIV, Part 1. Joseph Returns in Astonishing New Trance Footage

Notes:

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Soul Group Messages – XIV (part 1).

Spirit Communicator: Joseph

Michael:

We have Joseph who hasn't spoken for a while, although members of his soul group have. So, I can see him standing by the side of me, and it is like greeting an old friend because it is a while since we did the last book, isn't it? But here he is again and he wants to begin by saying that we are all 'old friends' ...every soul on Earth is an 'old friend' to him, and that he has come back today for a very specific reason, which will be revealed later on. He says for this part of the address, he wants to talk about *origins* and he wants to talk about the origin of the Earth...

Joseph:

Not many of you will think about the Earth during your daily lives ...you come and go ...you go to work ...you are in your gardens ...or you are in your houses but do you ever stop to consider the physical Earth, first of all, that you are existing as a physical being on a sphere of rock that is rotating around another sphere that is distant from other spheres and yet never leaves its orbit? If you think of these things, you are given a different perspective of life: you are given a sense of mystery, a sense of awe, if you consider how small, how seemingly insignificant your physical presence is compared to the physical presence of the Earth.

Whilst I have you in that mode of sensing the majesty of the Earth, I want to increase the mystery by telling you that *the Earth is not what it seems*. The Earth is not actually a ball of rock at all. **The Earth is a sphere of angelic intention.** The Earth, on higher vibrational levels, does not appear as it does on your level of seeing and sensing. Isn't it true that there are certain animals that can see more than you can and certain animals that can sense more than you can, smell more than you can, hear more than you can?

As a spirit, all your senses are heightened and, at a certain point in your evolution, you can revisit the Earth – not in physical form but revisit the Earth to see what a splendid, wonderful *concept* the planet is. The Earth that exists at core is completely different from the Earth that you see and sense around you ...the Earth at core is an energy-field of creative intent, an energy-field of invitation.

An invitation to whom?

An invitation to angels to visit the Earth (or originally visited the Earth) in physical form in order to experience certain vibrations, certain frequencies of energy that would create around them circumstances that they could move through, appreciate, learn from and *become more* as a result of having passed through them.

The Earth was and is an angelic creation, in that a number of angelic beings separated partially in intent from the angelic host with the intent of creating something somewhere – ‘an adventure playground’, if you like, that had never been created anywhere else in the universe that offered unique opportunities of potential, of growth to those angels who voluntarily decided to travel through its vibrations ...and thus the Earth was created.

The Earth is a consolidation of volition.
The Earth is a world within the greater world

of Infinity. It is an encapsulated vibration that if the angels, who travel through it, successfully learn from the opportunities it offers them – they bring back to the angelic host, and to the greater reality, an evolution.

The universe, the spiritual spheres, God – Divinity Itself (Himself / Herself) – is evolving. And it is the nature of Divinity to explore concepts, to explore potential, to become more. At angelic level, facets of Divinity (angels) do exactly the same thing. It is their nature to do exactly the same thing – to become more, to explore potential, to grow, to evolve, to become more divine so that *they* become more divine and [*smiling*] the *Divine* becomes more divine! And so, every planet that you see is a consolidation of angelic volition. Every planet has a unique signature. Every planet has a unique lesson to teach those willing to visit it. In the case of the Earth, however, *even at angelic level* the Earth has at present become discoloured.

If you were to view the Earth through a pair of ‘spiritual eyes’ from the high vibrational level, you would see that the amount of Light that the planet gives off as it radiates the energy it is supposed to radiate, has been dimmed. You would see a cloudiness to the perimeter of the ball of energy that the Earth actually is.

If you travel down the scale of vibrations to the earthly level – but again view the Earth through spiritual eyes – you

would see, not the blue-green sphere that you see from space on a physical level, but a knitting together of density of vibration; you would see a blackening of vibration; you would see something that is so dense that nothing can escape it, nothing can permeate it. It simply is this dark, condensed (I have to say) almost cinder. And that coalescing into this cinder is again because of angelic intent ...but it is because of the angelic intent of the souls living on the Earth.

And you can say: 'Well, Joseph, how can that be an angelic intent to turn a beautiful, luminous, intelligent, sentient, loving sphere into a dark cinder? How can that be angelic intent?' It has happened because angelic intent on Earth is intent on exploring only the physical ...is intent on celebrating only the negative ...is intent on shutting off any suggestions of a different way of life from outside of the sphere of the Earth, from the rest of the angelic host, who attempt day and night (I don't want to say 'desperately' but 'extremely intently') intensively to try to permeate the consciousness of the 'angels' on Earth (because each of you is, in reality, an angelic being but you too are coalesced and condensed), and attempt to get an infusion of a higher vibration into the minds and the hearts (hearts more than minds) of the souls on Earth to remind them of *their* original purpose and intent and of the *Earth's* original purpose and intent.

The angelic host cannot influence beyond suggestion, beyond energies that are presented to the souls on Earth, cannot influence the outcome of the Earth and the outcome of the souls (the angels) living on the Earth at present. They can only suggest. They can only surround the planet and surround every soul on the planet with a higher vibration of energy that, if infused into a soul, will remind that soul of its original purpose, its original nature and the original intent of the Earth and its purpose in visiting the Earth.

Because the vibrations are so dense, the angelic intentions (and I invite you to explore *the World Meditation Alliance* and its purpose) are the only means, or certainly the strongest focus, for getting through the rightness of vibration to the wrongness of vibration on Earth so that the wrongness of vibration on Earth can stop in its tracks, consider what it is doing and change back to the rightness of vibration.

So condensed is the situation on Earth in terms of low vibration at the moment that we have to use human souls who have remembered who they are, as a means of getting through the angelic intentions, the angelic vibrations, the angelic love that exists for the Earth and its peoples, so that that Light can spread from within outwards to the extremities of the Earth and convert it back to what it is and what it was intended to be.

There is a word for such a promotion of a facility and that word is 'plug' ...and [smiling] I make no apologies for plugging the World Meditation Alliance. I make no apologies for strongly urging you to join together, in as many numbers as you can, to channel through the helpful, the loving, the divine vibrations that are having such a hard time in infusing the Earth and souls on Earth at the moment.

If you care about the Earth, if you care about each other, if you care about restoring the purpose of the Earth and restoring your memory as a commune of angels – then I ask you to consider joining with *us* ...because *we* join during each meditation session ...the angelic host joins during each meditation session ...the intent of the Divine flows through the angelic host, through us, through the channellers in the session ...*and you are, if you join, as legion*.

I have come back today to remind you at soul-level of what the Earth is, to remind you at soul-level of what you are and to ask that you give, as the angel that you are, a little of your time each week to restore things here. **It is the only way in for us.** Yes, we send the vibrations of love from the soul groups and from the angelic host towards the Earth and towards each of you, but the core intent of the Earth and the souls living on it needs to change, and that change has to come from within. We have advised you in all the books that you can undertake a

core change by connecting to your heart, by going within. It is the same principle. **It has to change from within**, and at the moment the strongest means we have of changing things from within is via the channelling of the angelic intentions through the filter of human souls to other human souls and to the Earth.

If this doesn't happen, then we are faced with a time when we have the equivalent of a trapped field of intention (i.e. the Earth) and we have a trapped number of souls who will be in stasis (i.e. the souls who continually return to the Earth) and the whole process of attempting to re-establish Light and spiritual energy here on Earth, and in the souls and hearts of men and women on Earth, will have to begin again.

And, as I said to Michael and to the group in one of my books, I have done this before. **I have given this information before.** I don't know whether I am prepared to give it again. I can move on into Infinity if I so wish and so can the soul group if they so wish. In that case, some other members of soul groups and some other members of the angelic host will then, at some stage in the future, attempt to do what we are attempting to do now, today, at present, every week! I don't want that to have to happen ...and I want to go on into Infinity ...and I want you to move on from the Earth-plane into the cleansing spheres ...and I want you to travel through the cleansing spheres

to that point where you too can move on into Infinity and, once again, take up your life as the angelic being that you truly are.

So, my section of this address is *a plug*, which I have already given and *a plea*, which I have already given. This is time for mobilisation of the spirit for *action*, for giving a little of your time in order to liberate your brothers and sisters and free the planet of the casing of dense matter that souls on Earth have put across it. **This should be at this time your only concern.** I am not saying that you cannot continue with your lives and

the joy that you have in families and friendships and exploring the Earth. But your core concern should be to restore the Earth to what it was and to restore yourselves to what you really are.

And it is such a simple thing to do and it takes so little of your time. Investigate what we are doing [*reference to the World Meditation Alliance*], what the soul group is doing and what the angelic host is doing. Educate yourself in what is happening and what needs to happen in order to liberate the Earth and the souls living on it.

Number XIV, Part 2. Joseph Channels an Angel in the Second Part of this Remarkable Address

Notes:

This soul group communication was originally filmed as a 'live' trance demonstration in 2022. In the transcript that follows, some very minor adjustments have been made involving the transposition of the occasional word and removal of small repetitions of phrases which are the norm in the spoken word but less appropriate in a written version.

Soul Group Messages – XIV (part 2).

Spirit Communicators: Joseph and an Angel

Joseph:

Having talked about souls on Earth acting as conduits during the alliance meetings [reference to the World Meditation Alliance], I now have great joy in allowing *myself* to act as a conduit for a brother and sister – two spheres of Light ...*two angels* – who wish to talk to you.

Now, we have visitations and insights given by angelic beings on our level of vibration. But those angelic beings would find great difficulty in attempting to communicate with souls on Earth, were their communication not filtered down so that it will make sense to you in *earthly* terms – not

in spiritual terms. In spiritual terms you *would* understand them but cannot yet reach out to them.

So, I intend to act as a conduit for a brother and sister from the angelic realm who are not that far from my realm at the moment. I am standing on one side of the 'gate' – the door that leads to Infinity; they are standing on the other and have just moved through into my sphere in order to communicate.

Angel (female half):

Joy! What a wonderful, joyous opportunity to talk in love to brothers and sisters, to family, to 'relatives' we have not spoken to in millennia. I am (in your terms) the female half of this connective sphere that is composed of myself and the male half of the equation. We have orbited each other for millennia; we have been connected as a sphere of purpose and love for millennia; and I, speaking at present, am the 'feminine half', as you would understand it, of that sphere of connection; and I will hand over to my beloved other half later in this discourse.

I want to speak to you because I enjoyed the Earth before current civilisation existed. I visited the Earth at a time when the reason for the Earth existing was more

apparent. I visited the Earth in full consciousness in order to experience the lessons that the Earth could teach me as an evolving angel.

And 'angel' sounds very grand, doesn't it? It sounds very grand but it is only a term ...it is a word to express an elevated facet of the Divine. But what I am is *what you are at core encapsulated*. But in my time on Earth (and there were several visits to the Earth because I needed to learn incrementally certain things that I then wanted to take back to the angelic host) I became lost – just as you are lost at the moment.

I became lost in the effects of the Fall – just as you are lost in the effects of the Fall.

But, as Joseph has said in his books, the effects of the Fall become more solidified with each 'turn of the wheel' ...with each time civilisation falls and then is reconstituted to *again* find its way out of the darkness and into the Light. So, my pull to the Earth was not as strong as your pull to the Earth is at present. I did not wish to come back ...and come back ...and come back ...and come back. At a certain point, I decided that I would move on. But because I was a 'victim', if you like, of the vibrations of the Fall, I had to (as you will have to) move through the cleansing spheres that exist, vibrationally speaking, beyond the Earth and allow you to shake off that density Joseph has spoken about so that you can peel off

those layers gradually; and gradually regain your angelic inheritance and your angelic memory so that you can step outside of the effects of the Fall and take your place once again as part of the angelic host *as the angel that you really are*.

And so, I have gone through what you will go through and it is not an unpleasant experience because, even on the lower levels, the vibration is higher than it is here. So, you will experience more joy ...you will experience less fear ...and your fear of death, of ending, of termination, of oblivion will completely disappear. So, the moment you step into the cleansing spheres, you are entering a brighter, a lighter world. And, I worked my way through them because there were lessons to learn and there were 'skins' to shed on each level. Then I came to the point where I was standing where Joseph is standing today (relatively speaking) and I made the decision that I would go through the 'door' and out into Infinity. And if you are wondering what that is like – it is like coming home.

It is like coming home!

The concept of Infinity must seem very metaphysical, very abstract, very surreal to you but, at the point that you regain your *entire* angelic memory and volition, then it is a return, it is a reintegration whilst still being who you are. You are also part of a vaster, huger family than you can imagine. The love, the peace, the harmony and the

excitement of being able then in freedom (freed from the shackles of the Fall and the Earth plane) to create once again. And so, after a short period, my burning question was: 'What can I do now because it all seems so exciting?'

I tell you this because I want to try and push the pointer in your mind away from the material and towards the angelic, and to say that **there is a thrilling, wonderful journey ahead for you**. There is also a thrilling and wonderful journey for you on Earth *if* you will work towards dissipating the heavy crust of dark vibration– the layering of negative experience that you have placed around yourself and around the Earth at this time.

And I began with joy and I want to end with joy because *at heart you are* joy. The Divine is joy. The Divine is love. The Divine is inclusion. The Divine is warmth. The Divine is existence that continues to expand

and unfold without fear, without bitterness, without the need to subjugate others so that you might be elevated. None of that exists in our realm.

Whilst I was on Earth, my 'other half' – the other half of the sphere – was in the cleansing spheres – not because he wanted to be there but because, in order to be close to me and maintain a psychic link at times when I was sleeping or meditating, he needed to be closer in vibration to me and so had to 'step down', as it were, from the angelic realm and clothe himself to a certain extent in the lesser vibrations of the cleansing spheres in order that I would not be completely lost.

And, I would like to pass over communication, at this point, to him.

Number XIV, Part 3. Joseph Channels Angel Communication and Bares His Soul in Part 3 of this Amazing Transmission

Notes:

This soul group communication was originally filmed as a 'live' trance demonstration in 2022. In the transcript that follows, some minor adjustments have been made involving the transposition of the occasional word and removal of small repetitions of phrases which are normal in the spoken word but less appropriate in a written version.

In part two, Joseph informed us that he was allowing himself to act as a conduit for two spheres of Light – two angels – who wished to talk to us. He began with insights from the female angel and, in this concluding part, we now hear what words of wisdom the male angel has to share with us.

Soul Group Messages – XIV (part 3).

Spirit Communicators: Joseph and an Angel

Angel (male half):

I have been on the Earth, too, many times; I have been on other planets many times; I have helped to create planets (including the Earth) many times. That's how 'old' I am in your terms because experience

stretches back ...and back ...and back ...and back for me. And, I am not saying this to say, 'Look what I have achieved!' I am saying this to say that experience *at heart* stretches back ...and back ...and back ...and back for *you* too.

Whoever you are – watching this or listening to this – you are an angelic being. No matter how angry you feel at the moment ...or how bitter you feel at the moment ...or how ill you feel at the moment ...or how isolated you feel at the moment – **you are an angelic being.**

And this little experience of your seemingly *one earthly life* is only little because you do not have access to your angelic memories. And those things that I mentioned – the isolation, the anger, the bitterness, sometimes the resentment, the fear – all those things exist at your perimeter. They are part of the 'crust of vibration' that has been 'trowelled on' around you because of the inability of souls on Earth to let go of the incident millennia ago we call *the Fall*.

As a result of that incident, vibrations on Earth cannot be cleared away and used for

something else (as they are in other spheres of angelic activity – other planets). They layer one on top of the other ...of the other ...of the other ...of the other. As they do so, the vibration becomes denser; the angelic energy becomes harder to access and so the negative aspects of creation cannot clear things away but become *magnified, focused upon and intensified*.

You cannot draw on angelic energy from outside of the Earth, except where it is streamed to you, and so instead you draw on the dwindling energy of the 'crust of negative vibration' that you formed around the Earth and around yourselves. As a result of that, the dominant 'attributes' (if I can use that word) of your life are *negative*. You become ill; you feel lonely; you resent your brothers and sisters; you become bitter; you become angry; you become violent because you are being fed by the 'crust' – the layered vibration that cannot dissipate the negative vibration around you *personally* (because it gathers around your aura like a cloak of darkness) and around the Earth, which is also a muffling cloak of darkness that is so dense it cannot let in higher vibrations.

That sounds a very negative thing to say to you, doesn't it?

No, it is factual information. It is saying: 'This is how the world is really working. This is how *you* are really working at present'.

But there is an escape plan and there is a *personal* escape plan that you can put into action at any time during your life on Earth. And that escape plan involves you *daily* setting aside some time to *literally be yourself ...to be the angel that you really are*, to become still because when you become still, when you say in your head and your heart: 'I am not having any of this for a few minutes. This has nothing to do with me for a few minutes. I am being myself,' you raise your vibration and, **as you raise your vibration, we reach down to connect with that vibration.**

We have to do it through soul groups at the moment. We cannot do it for the most part directly, except with those souls who have completely eliminated the effects of the Fall from their personal world. We reach down through the soul groups and there is a streaming – a dilution necessary – but a streaming of high vibration down to you, which illuminates the angel that you are at core and gradually begins to push away your personal crust of negative vibration. If you do this each day and we connect with you each day, you then begin to push away, dissolve and dissipate your personal crust of vibration. But then your *illuminated* vibration pushes against the crust of society and the crust of the Earth ...and helps to dissipate those negative vibrations too.

So, I speak to you as a reminder that you are not what you seem, and that you can reconnect what you actually are by investing a little of your time here *each day* in silence, in peace, in the will to connect with something kinder, something more loving, something more noble, with a mindset and a 'heart-set' that do no harm to anyone, that elevate all life, elevate everyone and send nothing but goodness, love and uplifting energy to every soul on Earth.

I also want to remind you that we (the other half of my sphere and I) have come through today to say ***you have that connection to someone***. You may have that connection to someone on Earth now. The other half of your orbit may be with you on Earth now but if you *feel* isolated to the extent that you feel you will never have a reflection of yourself that loves you, that loves what you are and you never feel whole – understand that that feeling of not feeling whole is because you are divorced because of vibrational differences between yourself and the other half of your sphere. That other half of your sphere exists. It is the nature of the duality of angelic life to reflect yourself, to discover in another aspect of yourself, which is also an individualisation of the Divine – so that there are two but there is also one. ***It is your nature to exist as one half of a whole***. And then it is the nature of angelic beings, as this orbit of one around the other, to then exist as greater orbits within groups of the angelic host, but we will

not go into that today. Suffice it to say that you have another half, that you have completion also waiting for you at some stage in your spiritual reconnection.

Now, I do not tell you this under any circumstances for you to say: 'Right, I am going to abandon my life on Earth.' No! That is not the way to enter into the cleansing spheres. You are here for a certain amount of time to balance your vibrations, to address your karma from past lives and to do some good here, if you so wish. And to cut short that existence is entirely – and I stress – ***entirely the wrong thing to do***. If you do that, you set in motion mechanisms that will restrict you further for some time. What I am saying is, be at peace in the knowledge that those things that you feel you lack, are not only waiting for you, ***but are already yours***. And one day you will be reconnected with them and will express yourself as a complete, happy, purposeful and evolving spirit being that is a glory to yourself, a delight to the rest of the angelic host and a living expression of the loving energy of the Divine (that is the closest I can get to it in earthly words).

I hope I have encouraged you today ...encouraged you to examine your life, to examine self and to be brave enough to step out of the chaos of the outer world into the inner world where you will find inspiration, reconnection ***and yourself***.

[There follows a pause as Joseph 'as Joseph' takes over at this point.]

Joseph:

I am reminded by the 'lady' (for want of a better term – the feminine half of the angelic being that I have been channelling on your behalf) that she wanted to say that when she was on the Earth (and that this was a time before current civilisation) when she reached the point at which I am standing now – with that choice of whether or not to go back into Infinity – **she met me there.**

In other words (and I say this as a final plea today) at that time of that former civilisation, **I was doing then, as part of my soul group, what I am doing today – which was attempting to make souls on Earth see the Light ...literally 'see the Light'.**

I have done this for a long, long, long time. And, because I am so close to it, I yearn for the completion of vibration that I will experience by moving out into Infinity, but I cannot and I *will not* do that until we have turned things around on Earth. Neither will

my brothers and sisters – the spirits who are so familiar to Michael and the members of the Band of Light. We have vowed to remain until we re-establish Light on Earth, re-establish Light within the souls on Earth and get the souls on Earth (if you forgive my expression) *the hell out of there!*

We are fatigued because your vibration pulls us. We are caught, in that Infinity calls to us with its bliss and its freedom and the vibration of the Earth (because that's where we originated this particular exercise) – the darkness and the density of the Earth pulls at us.

Michael has said in the last couple of years, quite rightly, that it is more difficult for us than it used to be to communicate with him and with the Earth. It is more difficult because of the increasing density of the Earth.

If you can't do it for yourselves (and I say this with a raised eyebrow) do it for us!

And I will speak to you in greater circumstances in due course.

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